

PREVENTING AND RESPONDING TO PREJUDICE AND RACISM

Tips to help guide parents & navigate difficult conversations

THE PRESCHOOL YEARS (AGES 2–5)

BE HONEST

Don't encourage children not to "see" color or tell children we are all the same. Rather, discuss differences openly and highlight diversity by choosing picture books, toys, games and videos that feature diverse characters in positive, non-stereotypical roles.

Be careful not to ignore or discourage your youngster's questions about differences among people, even if the questions make you uncomfortable. Not being open to such questions sends the message that difference is negative.

EMBRACE CURIOSITY

Widen your circle of friends and acquaintances to include people from different backgrounds, cultures and experiences.

LEAD BY EXAMPLE

Talk to your child about your family heritage to encourage self-knowledge and a positive self-concept.

FOSTER PRIDE

